



National  
Trust

# Moments of autumn magic

**Stop. Press pause on being busy.** Use this collector sheet to check off these seasonal delights and soak up the magical moments autumn has to offer.

## Make a twig person

Try creating **twig figures** out of one twig or several. Could you use leaves or other woodland objects for heads?



## Play Top Trunks

It's all about finding the best trunk, whose got the **oldest**, the most **twisty** or **knobbly**.



## Wander the woods

Few things are more autumnal than a **woodland walk**, with the colours of autumn rustling about you. **Kick up leaves** for the full effect.



## Deck the autumn halls

Decorate the house for autumn. Show your creativity by **decking the halls** with forest treasures.



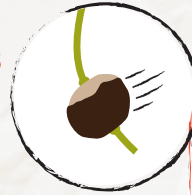
## Whip up some comfort food

Nothing says autumn like an **apple and blackberry crumble**. Or how about **pumpkin soup**? Settle down with something warm and scrumptious this autumn.



## Battle at conkers

The classics are hard to beat. Release the child within as you **let your conker fly**, or pass on your well-earned wisdom to the next generation of champions. Playing conkers is also No. 10 on our '50 things to do before your 11¾' list.



## Take an evening stroll

**Seeing the mist creeping through valleys**, along water courses, or stealing over flat fields is one of the most magical sights a clear autumn evening has to offer.



## Stargaze

Take a moment to **marvel at the stars** or chart the passing of the **full moons of autumn**: the bright and long-lived 'harvest' and 'hunters' moons of September and October, and November's 'frost' moon.



## Cosy up by a fire

Wrap up in a blanket, pull on something comfy and **nestle down by a fire**. Why not try **leaving your phone alone** for a few hours? It'll make this retreat from the autumn chill even more delightful.

