

HALLOWEEN FUN

As daylight fades and the leaves begin to fall we've gathered some fun ideas to try over Halloween and on these autumn days. It's important to still enjoy time playing outside as we leave the warmer weather behind - wrap up warm and embrace the play opportunities and health benefits of spending time outdoors.

HALLOWEEN GAMES

- Mystery box - cover and cut a small hole in the lid. Fill with creepy things such as brains (cooked spaghetti or sponge), witch fingers (carrots with almond nails), eyeballs (peeled grapes or olives), a hand (rubber glove filled with flour), an animal (fake fur), a monster's tongue (sliced banana), witch hair (wool), maggots (rice) and try and guess what's in the box.
- Tasting competition - wear a blindfold and guess the different and unusual foods.
- Pumpkin bowling - see who can collect the most seeds in a cup afterwards.
- Bobbing for apples or apples on a string.

HALLOWEEN ARTS & CRAFTS

- Paint and decorate pumpkins.
- Make 3D pumpkins, dream catcher spiderwebs or a witch's hat.
- Spooky lava lamp - fill a bottle 1/4 full of water, then almost to the top with vegetable oil. Once separated add 6 drops of food colouring and effervescent vitamin tablets bit by bit to watch the bubbles form.

OUTDOOR FUN

- Chalk your own fireworks on the tarmac.
- Have a winter BBQ, make s'mores over a fire pit and enjoy a spooky mocktail - blend a cupful of skimmed milk with 5 strawberries and 5 blackberries.
- Collect conkers and leaves and try leaf printing or making a conker worm or necklace. Roll your conker in paint to make a picture.
- Visit a local graveyard and take etchings of the headstones.
- Organise a pumpkin hunt - use mini pumpkins and mark one, then see who finds it.
- Have fun on a spooky sweet hunt or Halloween treasure hunt.
- Glow in the dark bowling - fill empty bottles with cold water, pop in a glow stick and close. Start bowling once it's dark.
- Slime splat - add some water to cornflower along with a little green food colouring and stir until it forms a slime that you can make into a ball, but returns to liquid when you let go. Set up a large card outside and try to hit your target with the slime.
- Go stargazing on a clear night.

