

TOILET TRAINING



This week's posts discuss the process of toilet training for children. There is no universal 'right' age for a child to be toilet trained as every child is unique. The leaflets stress the need to remain calm and establish a routine for effective toilet training.

It takes longer to learn to stay dry throughout the night. Most children will learn this between the ages of three and five. It is estimated that a quarter of three year olds and 1 in 6 five year olds wet the bed.

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There is no right age to potty train, every child is different.

Most children are toilet trained during the day, before they start school. The most important part of toilet training is to stay calm and set a routine.

